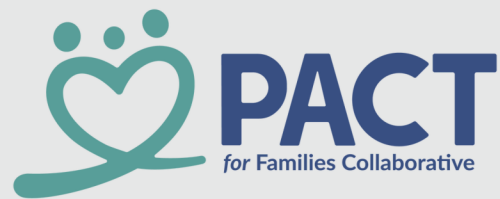


# REFERRAL INFORMATION

Scan the QR Code to make a referral to our Transition Services Programs, and other PACT Programs



320.231.7030



[www.pactforfamilies.org](http://www.pactforfamilies.org)



[pactoffice@pactforfamilies.org](mailto:pactoffice@pactforfamilies.org)



2200 23rd St NE, Suite 2030  
Willmar, MN 56201

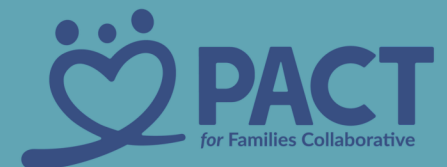
Scan QR Code for more information  
on PACT programs and resources.



*It is the policy of PACT for Families to maintain an environment that is free from offensive conduct, harassment, and violence based on race, national origin, gender, religion, disability, age, marital status, status with regard to public assistance, sexual orientation or disability*



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



# TRANSITION SERVICES

# OUR TRANSITION SERVICES PROGRAMS CAN HELP!

Are you a parent of a young adult, or a young person aged 16 to 25 living in Kandiyohi, McLeod, Meeker, Renville, or Yellow Medicine county, who is struggling with a mental health challenge? Our transition services staff are here to support you in successfully navigating the transition into adulthood, helping you embrace your roles and responsibilities with confidence.

## Clients in our Transition Services Programs receive support in the following areas:

- Education
- Employment
- Housing Needs
- Life Skills
- Community/Social Supports
- Mental Health /Wellness
- Liaison available for family support and guidance

## TRANSITION SERVICES

Road to Success (RTS) and Journey to Independence (JTI) are federally funded programs under SAMHSA (Substance Abuse and Mental Health Services Administration) aimed at providing transition services for youth aged 16-25. These programs specifically cater to individuals who are at risk of Serious Emotional Disturbances (SED), Serious Mental Illness (SMI), or experiencing developmental disabilities.

**Operating within Kandiyohi, McLeod, Meeker, Renville, and Yellow Medicine counties, JTI and RTS** are a collaboration between PACT for Families Collaborative and member organizations, focusing on enhancing youth resilience and support systems. Our dedicated team offers personalized assistance through non clinical one-on-one sessions facilitated by Transition Specialists, Peer Support, and Family Liaisons.

Utilizing the evidence-based Transition to Independence Process (TIP) model® and Life Course Model®, our staff aims to foster greater self-sufficiency and independence in individuals aged 16-25 facing recognized SED/SMI or emerging mental health issues. This comprehensive approach has consistently improved real-life outcomes, enabling individuals to achieve their goals and successfully transition into adult roles and responsibilities.



Navigating the transition from adolescence to adulthood can be overwhelming, with complex decisions about education, employment, finances, and personal relationships. For over three million young adults struggling with serious mental health conditions, these challenges become even more daunting.

Individuals aged 16-25 living within the PACT for Families service area encompassing **Kandiyohi, McLeod, Meeker, Renville, and Yellow Medicine Counties**, who are experiencing developmental disabilities, at risk of developing, or diagnosed with Serious Emotional Disturbances or Serious Mental Illness, are welcome and encouraged to access our services.